



E2Prodigy RETURN TO TRAINING PROTOCOLS

As a youth sport organization, E2Prodigys Futsal and Soccer Club first priority is the safety and well- being of the players. With that in mind, we have established guidelines that will be strictly adhered to as we enter the first phase of our return to training, which will be begin June 8th, 2020. These guidelines have been created under the guidance and within the parameters set by local and state government officials, local and national health organizations, league officials, and other youth soccer organizations. These guidelines will be adjusted as needed and will reflect the up-to-date regulations put forth by state and local governments as well as our member associations.

If you have any questions or concerns regarding our return to play protocol, please feel free to contact me at your convenience.

Thank you,

Edward Estrada

E2Prodigy Futsal and Soccer Club

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PRE-TRAINING SESSION:

- Please take your player's temperature before coming to training. If the player's temperature is over 99.5 degrees, they should not come to training that day.
- If your player is not feeling well, regardless of temperature, please keep them home.
- When players arrive, they will wait in their vehicle until notified by staff to enter the fields – **NO CONGREGATING IN COMMON AREAS BEFORE OR AFTER TRAINING BY PLAYERS, SIBLINGS, FRIENDS, OR PARENTS.**
- ONLY Players will be allowed to enter the training area
- Masks MUST be worn while entering or exiting the facility but won't be required while training.
- Please limit bathroom usage at the fields as much as possible – Players should go to the bathroom before coming to training.
- Players should bring their own personal hand sanitizer to use during water breaks, before training and after training as well.
- Hand sanitizer stations (Under tent) will be available and Coaches will also have hand sanitizers on hand. Players will be required to sanitize their hands before they enter the training areas.



TRAINING SESSIONS - PLAYERS:

- At this time, we will be conducting regular training sessions with contact – Training sessions will be conducted in small groups and there will be small sided games as well.
- Each player will need to have their own soccer ball – Coaching staff will provide a ball if needed in exchange for 20 push ups. Coaching staff will also help sanitize all balls before and after training.
- Each player will need to have their own water/Gatorade – NO SHARING OF DRINKS.
- Each player will place their water/Gatorade and bag on the outside of the training area, so that they can easily access their gear during breaks in the session. There will be assigned locations for age groups and coned areas around the field 10ft apart.

POST-TRAINING SESSIONS – PLAYERS

- Players will leave the training session under the direction of the staff (staff will coordinate)
- There will be a 10-minute buffer between training sessions to limit crowds and exposure while entering and exiting the fields.
- If a pick-up is late the players will be moved to the waiting area until their ride arrives – masks must be worn in the waiting area and social distancing protocol will be in effect.



PARENT GUIDELINES

- Parents or legal guardians will be required to sign the “RETURN TO PLAY WAIVER” before their player will be allowed on the fields.
- Please go through the checklist (ATTACHED BELOW) with the player before every session to ensure they have followed the guidelines in preparation to attend training.
- Parents will be allowed to congregate in common areas AT THEIR OWN RISK.
- If players are being dropped off, they must remain in their vehicle until a staff member gives notification that players can start entering the training area. (applies to 07-05 teams only)
- Follow social distancing of 6’ when at the fields and we encourage the use of face masks.

Checklist



Temperature Check

- Please ensure to take your child's temperature before leaving the house. If the child's temperature exceeds 99.5, please stay home.
- A temperature check will also be performed before training by the coaching staff. (at try-outs)

Restroom break before you leave home

- Please ensure that your child uses the restroom before leaving the house. Minimum bathroom breaks will be given for cautionary measures.

Mask

- Please ensure that your child has a mask on when arriving to training. They will be allowed to remove the mask once they are within their training space and the training has begun.

- Please ensure that your child has their own water bottle/jug for the training session.

Hand Sanitizer

- Please ensure that your child has their own hand sanitizer and encourage to use every water break.

Water – 32oz minimum

- Please ensure that your child has their own water bottle/jug for the training session. Have them bring more than enough rather than not enough. It will be hot!

Both training tops

- Please ensure that your child has all necessary training tops in their bag during all training sessions. Please have them bring the neon pink and the neon green. If your athlete does not have these jerseys please have them bring the colors that are as close to it as possible. We will provide pennies for games from time to time, but will not share them.

Shin-Guards

- Please ensure that your child has their own personal shin-guards on and ready for training.

Cleats

- Please ensure that your child has not only their own personal outdoor cleats, but all indoor cleats in their bag.

Ball

- Please ensure that your child has their personal ball ready for training. Coaching staff will also help spray down all balls before and after training.

**If you or your child feel sick please ensure to stay home for the safety of all other players, parents, and staff.
Thank you!**

Launder all training gear/uniform after each use